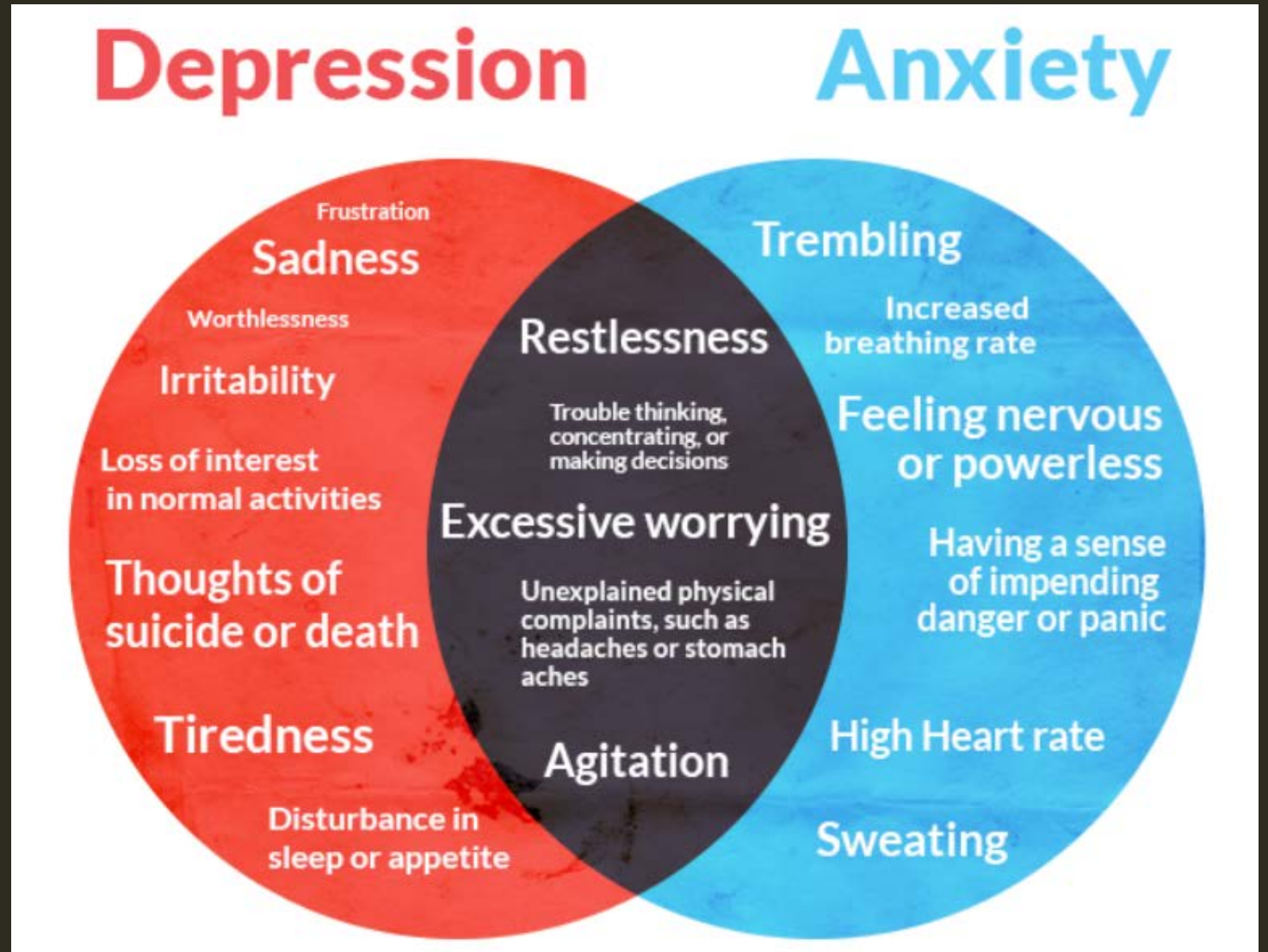


A person in a business suit is seated at a desk, working. Their hands are visible, typing on a laptop keyboard and using a calculator. The background is slightly blurred, showing an office environment. The text "HELEN'S BACKGROUND WAS WORKING IN FINANCE" is overlaid in white, bold, sans-serif font. A thin vertical white line is positioned to the right of the text.

**HELEN'S BACKGROUND WAS
WORKING IN FINANCE**

MENTAL HEALTH ISSUES Resulted in job loss and unemployment





HELEN TRIED TO GET BACK TO WORK
ON HER OWN

JOB INTERVIEWS DID NOT GO WELL

WHEN I MET HELEN,
we talked about
her strengths and
needs





WE SEARCHED AND FOUND A WORKPLACE
WHERE HER SKILLS WOULD BE USEFUL

HELEN THOUGHT SHE
WOULD BE HAPPY IN
THE ROLE



AFTER THINKING IT THROUGH....



HELEN DECIDED TO TELL HER NEW BOSS
ABOUT HER HISTORY OF MENTAL ILLNESS



HELEN GOT THE SUPPORT SHE
NEEDED AT WORK

IT HASN'T ALWAYS
BEEN EASY, BUT HELEN
IS STILL WORKING

She has moved on to
another job, closer
to home

